

# eatout

**SA'S BEST GUIDE TO SA'S BEST FOOD**



MORE THAN  
**70**  
OF SA'S  
FAVOURITE  
CHINESE  
RESTAURANTS

Brought to you by SA Tourism



## CATERING FOR YOUR CHINESE GUESTS

South Africa is rapidly becoming more popular with Chinese tourists, with the number of arrivals from that country having more than doubled over the past four years. China is a very important market for South Africa, and we are endeavouring to grow it. By making tourists feel welcome and at home in South Africa, we encourage them to spread the word about our beautiful country.

In hosting our Chinese tourists, however, we need to be aware that their cuisine needs are unique, and can differ vastly from those of the traditional Western visitors to which the South African tourism industry is accustomed. We need to work in a different way with visitors from non-traditional markets in order to delight them.

From our research it is clear that every so often, while on holiday in South Africa, Chinese tourists will hanker for familiar dishes, like fried wontons, dumpling soup, or chicken stir-fry. Our range of Chinese eateries will not only delight our guests' palates and senses, but at the same time offer them a chance to experience our unique places, spaces, and friendly service.

This book is a comprehensive guide to South Africa's best Chinese restaurants, and a testament to the fact that we care, right down to our tourists' gastronomic preferences.

We hope that the next time you welcome a Chinese tourist to your establishment, this booklet will help you recommend a fantastic Chinese restaurant in your area.



## CONTENTS



01

**JOBURG**



09

**PRETORIA  
& NORTH  
WEST**



13

**DURBAN**



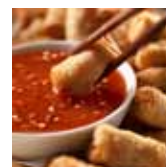
17

**BLOEM-  
FONTEIN**



19

**CAPE  
TOWN**



29

**WINELANDS**



31

**EASTERN  
CAPE**



You'll love it!

# JOBURG







### AL-MEHRAN

52 Crown Street, Fordsburg, 011 838 4622,

[almehran@mweb.co.za](mailto:almehran@mweb.co.za)

10am – 10pm, Monday to Sunday  
(Friday closed 12.30pm – 1.30pm)

Al-Mehran is a halaal restaurant with a menu that covers a vast geographical field from China to Pakistan – the cuisine of the latter is the most popular choice with diners.



### BEST OF ASIA (FOURWAYS)

Shop 14 Pineslopes Shopping Centre, corner of Witkoppen Road and The Straight, Fourways, 011 467 2593

11am – 9.30pm, Monday to Sunday

This restaurant's primary trade is takeaways and sushi, which can be freshly made or chosen from the conveyor belt. Also try the crispy Peking duck pancakes or the battered and fried kingklip with black bean sauce. There are also Thai red and green curries and a tom yum soup.



### CHINESE NORTHERN FOOD RESTAURANT

20D Derrick Avenue, Cyrildene, 082 668 8082

11.30am – 3pm Monday; 11.30am – 9.30pm, Tuesday to Saturday

Traditional northern Chinese dishes such as pork-and-coriander dumplings, beef in cumin, and crispy calamari are on offer for those not adventurous enough

to try duck blood in chilli sauce or fried pork stomach with garlic. Language may present a barrier, but friendliness and patience will pay off.

### EAST – A TASTE OF ASIA

71 Seventh Street, Linden, 011 782 3567,

[eastrestaurantlinden@yahoo.com](mailto:eastrestaurantlinden@yahoo.com)

11.30am – 10.30pm, Monday to Saturday

With carefully selected dishes and drinks from countries such as Thailand, Japan, Cambodia and China, this restaurant promises to thrill your taste buds.



### FORTUNE GARDEN CHINESE RESTAURANT

1st Floor, 30 Derrick Avenue, Cyrildene, 011 025 2979

[nancy@newafricatravel.co.za](mailto:nancy@newafricatravel.co.za)

Lunch: 11am – 3pm, Monday to Sunday

Dinner: 5pm – 9pm, Monday to Sunday

Arthur Ma's Fortune Garden is light and airy, with regal cream tablecloths complemented by natural wood furnishings. The restaurant is a popular venue for weddings and can comfortably seat 250 guests. There are various private dining room options for smaller parties. It also caters for tour groups.







### GWEFEY ASIAN CUISINE

**3 Lower Road, Morningside, Sandton, 011 784 2283,**  
[www.gwefey.co.za](http://www.gwefey.co.za)

**12 noon – 10pm, Monday to Friday;**

**12 noon – 11pm, Saturday and Sunday**

Traditional dishes from across Asia. Seafood spring rolls, spring onion fish and lobster kung po will satisfy seafood lovers; poultry lovers will enjoy bang-bang or kung pao chicken; and carnivores will love beef with black pepper sauce and lamb stir-fry with spring onion and ginger.



### KONG SING

**Bedford Centre, Bedfordview, 011 616 6001,**  
[kong.sing@hotmail.com](mailto:kong.sing@hotmail.com)

Lunch: **11am – 2.30pm, Monday to Thursday;**

**11am – late, Friday to Sunday**

Dinner: **5pm – 9.30pm, Monday to Thursday;**

**11am – late, Friday to Sunday**

The menu has extensive chicken, duck, pork, seafood, vegetarian and beef mains – some sweet and sour, some sizzling, all either with steamed rice or noodles. Alternatively, go for dumplings or one of the set menus.



### KONG TAI

**Shop 29, The Wedge Shopping Centre, 255 Rivonia Road, Morningside, 011 884 1095**  
[bettyjiezhong@yahoo.com.cn](mailto:bettyjiezhong@yahoo.com.cn)

**12 noon – 9.30pm, Monday to Sunday**

This intimate, no-frills restaurant offers starters such as crispy fried beef and

chicken-and-sweetcorn soup. It also has options for the less adventurous: chicken with cashew nuts and Peking duck, which must be ordered ahead. Lamb hot pot and deep-fried pork are fresh additions. For a different dessert treat, try the fried ice cream.

### KUNG-FU KITCHEN

**Waterford Shopping Centre Cnr Witkoppen Rd & Douglas Dr, Fourways, 011 658 1727**

Lunch: **10.30am – 3pm, Monday to Sunday**

Dinner: **5pm – 10pm, Monday to Sunday**

Since the first restaurant opened in 1992, Kung-Fu Kitchen has opened 17 branches all over Gauteng. The restaurant offers a wide variety of delicious Chinese and Japanese dishes – from sweet-and-sour dishes to freshly made Japanese sushi rolls.



### LI KOU FU

**Shop 9, Victory Park Shopping Centre, Rustenburg Road, Victory Park, 011 888 6723**

**10.30am – 9.30pm, Monday to Saturday; 10.30am – 5pm, Sunday**

The vast, well-priced menu here dips into Chinese, Japanese, and Thai influences, including some serious Szechuan dishes, fiery hot and laden with garlic. There are six kinds of rice, including pork, chicken and prawn, and five noodle dishes. For dessert, try the green tea milkshake served in a goblet.







## LONG MEN

41 Derrick Avenue, Cyrildene, 011 622 6861

11am – close, Monday to Sunday

The highlight here is crispy Peking duck (order a day in advance). It is served as a three-course meal: skin and breast meat on pancakes with plum-and-duck sauce, wrapped up with cucumber and spring onion, then a stir-fry and, finally, duck stock soup. Also try the extensive yum cha menu.



## LUCKY MOO

Atholl Square, Cnr Wierda Road and Katherine Street, Atholl, 011 058 2592, [www.luckymoo.co.za](http://www.luckymoo.co.za)

10.30am – 9.30pm, Monday to Saturday;

10.30am – 9pm, Sunday

Sam Halfon's eatery is fun and vibrant. The open-plan kitchen means diners can see the meals being prepared. Expect flavours influenced by Thai ingredients such as chillies, peanuts, ginger and fish sauce.



## ORIENT

4 The High Street, Melrose Arch, 011 684 1616, [orientmelrose@thai-africa.co.za](mailto:orientmelrose@thai-africa.co.za)

Lunch: 12 noon – 2.30pm, Monday to Thursday;

12 noon – 10pm, Friday to Sunday

Dinner: 6pm – 10pm, Monday to Thursday;

12 noon to 10pm, Friday to Sunday

Stylish Asian fare. The signature dish here is Hong Kong pears: potato dumplings stuffed with duck, chicken and prawn. The Peking duck is delicious, and the sushi amazing.

## RUBY'S

24 4th Avenue, Parkhurst, 011 880 3673

10am – 10pm, Monday to Sunday

Sit on the pavement under Ruby's red awning, watch the passing traffic and scoff delectable sushi. The restaurant is smallish, so staff can give customers plenty of attention. Other options include Chinese stir-fries, chop suey and chow mein.



## SHUN DECK

1st floor, 23 Derrick Avenue, Cyrildene, Johannesburg, 011 615 7168

Lunch: 11am – 3pm, Monday to Sunday

Dinner: 5pm – 9pm, Monday to Sunday

The drawcard here is the yum cha menu. The prawn har gau dumplings are sublime and the sticky rice flour rolls, radish 'cakes' and deep-fried taro spheres are wonderful studies in taste and texture. The seaweed salad is a foil to the richness. It's no frills, but it's no dive.



## THE BLACKANESE SUSHI AND WINE BAR

20 Kruger Street, Main Change, Maboneng Precinct, Braamfontein, 073 640 7003, [www.theblackanese.co.za](http://www.theblackanese.co.za)

11am – 9pm, Monday to Sunday

With a full menu of delightful sushi, as well as special creations and a noodle bar, the Blackanese is one of the Maboneng Precinct's most talked-about restaurants. The vinyl evenings are quite popular with regulars.





## THE RED CHAMBER

Shop 68, Upper Mall, Hyde Park Shopping Centre,  
Jan Smuts Avenue, Hyde Park, Johannesburg,  
011 325 6048, [emma@redchamber.co.za](mailto:emma@redchamber.co.za)

**11am – 10.30pm, Monday to Sunday**

Regulars have their favourites, from Peking duck to calamari with chilli, garlic and black beans. Try sizzling kingklip with fruit sauce, or dumplings. The décor is upmarket with Chinese lanterns and a life-size terracotta warrior who watches over proceedings.



## YASUQI CUISINE

83 4th Avenue, Melville, Johannesburg,  
011 482 9931

**11am – 10pm, Monday to Sunday**

Chef Xuain cooks and serves Asian, Chinese and Japanese creations at this casual Melville establishment. The sushi is particularly popular.



## YUME SUSHI, DIM SUM AND NOODLE BAR

Montecasino, Cnr Fourways Boulevard and  
Witkoppen Road, Fourways, 011 511 0169  
[www.montecasino.co.za/entertainment/dining/restaurants/Pages/YuMe\\_Japanese\\_Restaurant.aspx](http://www.montecasino.co.za/entertainment/dining/restaurants/Pages/YuMe_Japanese_Restaurant.aspx)

**10am – 10pm, Sunday to Thursday;**

**10am – 11pm, Friday and Saturday**

Casual and contemporary. Every meal is expertly prepared using only the freshest ingredients. Specialities include sushi and the wok-charred beef fillet with wasabi mash.





**PRETORIA &  
NORTH WEST**



## PRETORIA

## GUIA

Shop 13 C, 1/F Hokki Shopping Centre, corner Selikats and Graaf Reinet streets, Faerie Glen, 012 991 2712, [wellness@netactive.co.za](mailto:wellness@netactive.co.za)

Lunch: 11am – 3pm, Monday to Sunday

Dinner: 5pm – 10pm, Monday to Sunday

This has a large enough menu to satisfy both Western and Chinese palates. The owners will help you select. Concentrate on the prawns and calamari, but save space for their delicious pumpkin cakes – an alternative to the traditional South African version.



## JASMINE PALACE

Cnr Duvernoy and Niesewand streets, Constantia Park, 012 998 6233, [www.jasminepalace.co.za](http://www.jasminepalace.co.za)

Lunch: 11am – 2.30pm, Wednesday to Monday

Dinner: 5pm – 9.30pm, Wednesday to Monday

Soak up the traditional Eastern atmosphere while you sample spring rolls and prawns in tomato sauce. The chicken and sweetcorn and seafood soups are delightfully tasty.



## KOI

Shop 19, Lynnwood Bridge, Lynnwood Road, Lynnwood, 012 348 5722 [www.koirest.co.za](http://www.koirest.co.za),

12 noon – 10pm Monday to Saturday;

12 noon – 4pm Sundays

Koi offers a wide variety of Asian cuisine. It's always buzzing, and the extensive



menu takes care of everything from sushi to noodles and Peking duck. In addition to a decent wine list and many cocktails, speciality Asian teas are also on offer.

## LOTUS THAI

46-47 Glen Village North, Corner Hans Strydom and Olympus Drives, 012 991 5406 /10 [www.lotusthai.co.za](http://www.lotusthai.co.za)

12 noon – 9pm, Monday to Sunday

This pleasant eatery is worth seeking out for sushi, tom yum soup, pad Thai and stir-fries. The chicken panang curry is warming and flavoursome. In the sushi bar you can watch the chef at work.



## MATSUYA RESTAURANT

Shop G155, Parkview Shopping Centre, Garsfontein Road, Moreleta Park, 012 992 6288 [matsuyapta@gmail.com](mailto:matsuyapta@gmail.com)

11am – 10pm, Monday to Saturday; 11am – 9pm, Sunday

There are literally hundreds of traditional Japanese dishes on offer here. Tofu soup or grilled sardines are for traditionalists, but give them a try. The yaki don with rice, beef strips and prawns is a good bet for the hungry and inquisitive.



## SHEN ZHOU CHINESE DUMPLING RESTAURANT

1145 Burnett Street, Hatfield, 012 362 2507

[selinalgood@hotmail.com](mailto:selinalgood@hotmail.com)

11am - 10pm, Tuesday - Sunday



As the name suggests, it's all about the dumplings. They're freshly made and include pork or beef with vegetables, steamed or fried. The menu leans toward Northern Chinese cuisine and it is best to order many different dishes. Start with the beef stir-fry and Chinese vegetables.



### WING HIN

**Shop 13B, Maroelana Centre, 27 Maroelana Street, Hazelwood, Menlo Park, 012 460 6180**

**Lunch: 11am – 3pm, Monday to Sunday**

**Dinner: 5pm – 9.30pm, Monday to Sunday**

This is a menu that should be tackled from start to end. Start with the salt-and-pepper calamari and prawns, then linger on the pork belly with plum sauce.

## NORTH WEST

### THE ORCHID

**The Sun City Hotel, Sun City Resort, North West, 014 557 5110**

**Dinner: 6.30pm – 11pm, Monday to Sunday**

The Orchid boasts a scrumptious Oriental menu with a wide variety of authentic dishes. The restaurant seats 130 people and can accommodate small parties of up to 10 people in the Tatami Room, which is separated from the main dining area by sliding screens. Don't miss out on the sushi bar.







**DURBAN**





### AL KHAIR EASTERN DINER

**93 Victoria Street, 031 307 5187**

**8am – 11pm, Monday to Sunday**

Al Khair is an Eastern-influenced diner serving a range of curries, rice and noodle dishes. Guests will be spoilt for choice with the array of Indian and Chinese-influenced dishes, such as butter chicken, lamb curry and veg chow mein.

### AL-MEHRAN

**191 Marine Parade, 031 332 5127**

**10am – 10pm, Monday to Sunday**

Al-Mehran is a halaal restaurant with a menu that covers a vast geographical field: from China to India, with a pit stop in Pakistan. It is the Chinese dishes, however, that are most popular.

### CHINA PLATE

**Shop 12 Park Boulevard, 11 Brownsdrift Road, Umgeni Riverside Park, 031 564 6437**

**[georgehu@telkomsa.net](mailto:georgehu@telkomsa.net)**

**Lunch: 11am – 2.30pm, Tuesday to Sunday**

**Dinner: 5pm – 10pm, Tuesday to Sunday**

Locals pop in for takeaways; and the usual suspects are well represented on the menu – try prawn foo yong or Cantonese chicken. Delve into the traditional menu where standouts are crispy garlic langoustines, brinjal casserole and the barbeque pork served on steaming garlicky bok choy.

### EMPEROR'S KITCHEN

**Shop E6 uShaka Village Walk, uShaka Marine World, 1 Bell St, 031 332 5126,**

**[www.emperorskitchen.co.za](http://www.emperorskitchen.co.za)**

**10am – 9.30pm, Monday to Sunday**

Emperor's Kitchen is authentically Chinese. Mains include Peking duck and cashew nuts with prawns, while more unusual dishes include highly nutritious seaweed. If you're feeling adventurous, give it a try, but order extras as it comes on its own. The restaurant also has a beautiful view of the ocean.

### MAAN HING

**Glenwood Centre, 397 Che Guevara (Moore) Rd, Glenwood, 031 201 0115/031 202 6684**

**[www.maanhing.co.nr](http://www.maanhing.co.nr)**

**Lunch: 12 noon – 3pm, Monday to Sunday**

**Dinner: 5pm – 9.30pm, Monday to Sunday**

This is a family-owned restaurant and takeaway that has been serving Cantonese-style Chinese food for many years. The food is reasonably priced – hence the large contingent of regulars. The set menus are good options if you struggle to make decisions.






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## MOOKI NOODLE BAR

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**190 Brand Road, Glenwood, 031 811 9199**

**<http://mookinoodles.wordpress.com>**

**11am – 9pm, Monday to Saturday**

This noodle bar spans Japanese, Chinese and Thai cuisines. It has fun décor and fresh food with a wide selection of dishes, including wonton wrappers, ramen noodles and chilli-chocolate sake shots.

With its playful atmosphere and popcorn chandelier, Mooki caters for both takeaways and sit-down diners.




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## YANG CHINESE

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**Old Main Road, Heritage Market, Hillcrest,  
031 765 5114**

**Lunch: 11.30am – 2.30pm, Monday to Sunday**

**Dinner: 5pm – 9pm, Monday to Sunday**

Yang offers tasty traditional Chinese food, such as Szechuan eggplant.

The casual atmosphere and affordable prices makes this authentic restaurant a Hillcrest favourite.





**BLOEMFONTEIN**





## NAGOYA RESTAURANT

**49 Second Avenue, Westdene, 051 448 9919**

**10.30am – 9.30pm, Monday to Friday;**

**11am – 10.30pm, Saturday and Sunday**

With options from wonton soup to steamed dumplings, Nagoya has everything you could dream of. The spring rolls are a favourite among regulars, as are the sweet-and-sour prawns. The sushi keeps customers coming back. Warning: the sashimi and spring rolls can be addictive.



## RED PEPPA

**Mimosa Mall, Nelson Mandela Drive, Brandwag, 051 444 5287**

**9.30am – 9.30pm, Monday to Thursday Friday;**

**9.30am – 10pm, Saturday; 10am – 9pm, Sunday**

This is a great place to get a quick meal with an Asian twist. Try the chicken with cashew nuts with fresh ginger and coriander on noodles, or curries, prawns, chicken or beef as mild or wild as you prefer. If you're not into hot stuff, try the fillet teriyaki and sushi platter.



**CAPE TOWN**





## 1890 HOUSE SUSHI AND GRILL

**Trill Road, Observatory, 021 447 1450**

Lunch: **12 noon – 3pm, Monday to Saturday**

Dinner: **5pm – 10.30pm, Monday to Sunday**

This small restaurant has become known for its authentic sushi and Chinese food, with a grill to match. If you want to indulge in the fresh well-made dishes at the sushi belt, be sure to book in advance.



## ASIAN-ASIA RESTAURANT

**Shop 3, Cascades 3, Tygerwaterfront, Tygervally, Bellville, 021 914 4115**

**asianasiarestaurant@gmail.com**

**11.30am – 10pm, Monday to Sunday**

With a view overlooking a man-made lake, it's a great spot for workday lunches in summer. Indoor dining is also ideal for the winter months, and hot Asian-inspired dishes and a range of noodles are available. The menu also includes sushi and Thai dishes.



## BAMBOO CHINESE & SUSHI

**8 Vredenburg Lane, 021 426 5338**

**bamboocapetown@gmail.com**

Lunch: **11.30am – 5pm, Monday to Saturday**

Dinner: **5pm – 11pm, Monday to Saturday**

This is a small and reasonably priced family-run restaurant, tucked into a corner of Vredenburg Lane just off Long Street. The food on offer includes a variety of Chinese and sushi dishes.

## BEIJING

**26 Oxford Street, Durbanville, 021 975 1024**

**rguo@worldonline.co.za**

**12 noon – late, Monday to Sunday**

Established in the early 1990s, Beijing remains a much-loved local. Authentic cuisine is prepared to order with care and quality ingredients. Options include spicy Szechuan choices and traditional set menus afford a chance to sample several of the tantalising offerings. There is a very limited but adequate wine offering.



## CHUCK YANG'S SPECIALTY DISH

**93 Campground Road, Rondebosch, 021 689 7967**

**Monday to Sunday 11.30am – 9pm**

Fans followed Chuck Yang from his popular Yellow River restaurant to this good-value-for-money noodle shop in the southern suburbs. Good-quality ingredients and generous portions are a winning formula in signature dishes such as crispy prawns, with first-rate versions of egg foo yong, chow mein and chop suey.







## DOYU

85 Main Road, Fountain Square, Rondebosch,  
021 685 1888

11am – 9.30pm, Monday to Sunday

Experienced chefs Zhi and Jian Cui Zheng put a spicy northern spin on the usual Chinese fare. Everything is freshly made, from home-made bean curd and crystal noodle salad, to bao zi dumplings and wonton soup with dancing seaweed. They also do chop suey and chow mein for less adventurous palates.



## DYNASTY

Shop 10 Nedbank Centre, Kloof Road, Sea Point,  
021 434 0065

Lunch: 12 noon – 3pm, Tuesday to Sunday

Dinner: 5.30pm – 10.30pm, Monday to Sunday

This comfortable Sea Point establishment has been operating for almost 20 years. Chef Jhou serves authentic Chinese and Japanese food, including 16 different types of dumplings.



## EASTERN FOOD BAZAAR

96 The Wellington, Longmarket Street, 021 461 2458,  
[www.easternfoodbazaar.co.za](http://www.easternfoodbazaar.co.za)

10.30am – 10pm, Monday to Sunday

From Turkish kebabs to biryanis, creamy North Indian curries and tandoor dishes, the spice spectrum from Bombay to the Bo-Kaap is covered at this canteen-style eatery. Each cuisine type must be ordered separately and is prepared while you wait.

## EMPIRE ASIA RESTAURANT

50 Main Road, Sea Point, 021 434 3458  
[empireasia@gmail.com](mailto:empireasia@gmail.com)

10am – 10pm, Monday to Sunday

Well-known for its sushi, Empire Asia serves a range of Asian cuisine with Chinese, Thai and Japanese influences. The basic décor, warm ambience and friendly staff welcome both local and international customers.



## HAIKU

33 Church Street, 021 424 7000  
[haiku@bukhara.com](mailto:haiku@bukhara.com)

Lunch: 12 noon – 3pm, Monday to Sunday

Dinner: 6pm – 10pm, Sunday, 6pm – 11pm, Monday to Saturday

The cuisine of Japan, China, and Thailand star here. The dim sum is delicious, as is the superb prawn spring roll. At night, the disappearing line of ducks in the kitchen attests to its popularity. There's a huge selection of sushi, soups, sashimi, salads, grills, tempura and hot pots.







## JEWEL TAVERN CHINESE RESTAURANT

72 Kloof Street, 021 422 4041, [niuniuye@hotmail.com](mailto:niuniuye@hotmail.com)

Lunch: 11am – 2.30pm, Monday to Sunday

Dinner: 6pm – 10pm, Monday to Sunday

This relaxed space has a traditional atmosphere and offers speciality dishes, dim sum and other traditional foods. Try the three-cup spareribs, crispy duck, sweet-and-sour pork, or the kingclip, served on a hot plate with caramelized onions and a secret sauce.



## JING JING/HENGSHENG

70 Main Road, Sea Point, 021 434 4214

11am – 11pm, Monday to Sunday

This is the real thing. Try the seaweed salad of thinly sliced kelp and carrot, with rice wine and lots of garlic. There are several choices of steamed dumplings – pork, beef, prawn – and pot-sticker fried dumplings. The sizzling beef and the fried seafood noodles are especially good. BYO wine and beer.



## LUCKY YACHT

48 Second Avenue, Harfield Village, 021 671 3780, [milk\\_1371@hotmail.com](mailto:milk_1371@hotmail.com)

Lunch: 12 noon – 3pm, Monday to Saturday

Dinner: 5pm – 10.30pm, Monday to Sunday

Chef Yang heads up the kitchen of this casual, friendly restaurant. He serves Japanese as well as Chinese food, but specialises in sushi platters.

## MAINLAND CHINA

111 Main Road, Claremont, 021 674 2654

[lalaz@hotmail.com](mailto:lalaz@hotmail.com)

11am – 10.30pm, Monday to Sunday

A good-value-for-money menu offers beef, chicken, pork and seafood – from chop suey to chow mein, sweet-and-sour to spring rolls. Share the chef-owner's signature dishes of seaweed salad, bean curd in black bean sauce and crispy Peking duck. Spice freaks should go for the hot chilli chicken.



## MAKIMONO

Unit 16, Fountain Square, Rondebosch, 021 685 0949, [linchao19823300@sina.com](mailto:linchao19823300@sina.com)

12 noon – 10pm, Monday to Saturday, 5pm – 10pm Sunday

Sushi connoisseurs talk reverently about this shrine to sushi, sashimi and maki. Start with miso soup and seared tuna salad and proceed to Makimono specials like rainbow, dragon and tiger rolls. There's a good vegetarian choice too.



## SAKURA SUSHI BAR

53 Durban Road, Mowbray, 021 685 5223

[maggie\\_ai1103@hotmail.com](mailto:maggie_ai1103@hotmail.com)

11am – 10pm Monday to Saturday;

11am – 4pm, Sunday

This is freshly made sushi in the heart of suburban Mowbray. With delicious food and reasonable prices, this sushi bar is perfect for those looking for an affordable lunch or dinner.





### SAUL'S SUSHI @ VEGAS

118 Main Road, Sea Point, 087 151 4595

<http://www.sauls.co.za>

10am – 11pm, Monday to Sunday

Established in 2005 by Sea Point restaurateur Saul Beder (of Sea Point landmark Saul's Saloon & Grill fame), Saul's Sushi is well known for its freshly prepared, good-value-for-money sushi. It's casual and unfussy, but the Oriental sushi masters show off their skills, serving up tempting sushi titbits.



### SOUTH CHINA DIM SUM BAR

289 Long Street, 078 846 3656

Lunch: 12.30pm – 3pm, Tuesday to Friday

Dinner: 6.30pm – late, Tuesday to Saturday

This no-frills eatery serves Southeast Asian street food to the young and hip in Cape Town. There is a range of dim sum to choose from, including steamed buns, wontons, and summer rolls. Try the beef and vegetarian pot-stickers or the cold sesame noodle salad with peanut sauce. They don't have a liquor licence, but you are welcome to bring your own.

### TAI PING CHINESE RESTAURANT

Cnr Dean & Wilkinson Streets, Newlands, 021 686 6312

Lunch: 10.30am – 2.30pm, Monday to Sunday

Dinner: 4.30pm – 9.30pm, Monday to Sunday

With a relaxed atmosphere and authentic Chinese fare, Tai Ping caters to a dedicated clientele of regulars that keeps going back for the consistent quality of the delicious food. The menu consists of traditional meals such as crispy aromatic duck, honey garlic ribs and kung po chicken at affordable prices.



### TAIWAN CITY CHINESE RESTAURANT

Shop 421 La Piazza, Canal Walk, Century City, 021 555 3081, [taiwancity1971@hotmail.com](mailto:taiwancity1971@hotmail.com)

11am – 10pm, Monday to Sunday

Taiwan City offers traditional Chinese food that is beautifully served – in spite of its noisy shopping mall environment. Try the sushi, dumplings or prawns with vegetables and egg-fried rice. Service is very friendly and swift.







## TAO YUAN ASIAN RESTAURANT

**Mimosa Court, 275A Beach Road, Sea Point, 021 434 8188**

**11am – 10.30pm, Monday to Sunday**

Restaurateur “Auntie Mary” has been serving up colourful Cantonese cuisine for about a decade. Expect the likes of wonton noodle soup, roast duck, fried chicken with five spice and steamed line fish. There are also spicy Szechuan dishes such as stir-fried prawns. Family friendly with a view of the seaboard.



## XIANG YUAN

**254 Main Road, Sea Point, 021 434 4987**

**11am – 3am, Monday to Sunday**

Delicious dim sum filled with prawn, pork or chicken arrive in bamboo steamers. If you like spicy Szechuan cooking, try the stir-fried chicken version, which is drenched in delicious chilli sauce. The crispy duck is served with pancakes and julienned veggies. Xiang Yuan also serves excellent and well-priced sushi.



**WINELANDS**





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## GOLDEN WHEAT JAPANESE RESTAURANT

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**15 Van Ryneveld Street, Stellenbosch, 021 883 2410**  
**[goldenwheat@live.co.za](mailto:goldenwheat@live.co.za)**

**10.30am – 10.30pm, Monday to Sunday**

Serving sushi and other Asian fare, this Stellenbosch restaurant is cosy and cheerful. Do try the duck.



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## HAYASHI CHINESE RESTAURANT AND SUSHI BAR

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**Shop 6, Springbok Building, Andringa Street, Stellenbosch, 021 883 8917, <http://hayashi.co.za/>**

**11am – 10pm, Monday to Sunday**

A Chinese restaurant and sushi bar supplying top-quality traditional Chinese food and fresh sushi. The menu offers a huge variety and special business lunch boxes to enjoy at home. They also cater for functions at the restaurant, or at your own venue.



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## WOK THIS WAY (SOMERSET WEST)

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**Corner Main & Van der Byl Streets, Somerset West, 021 852 6636**

**Lunch: 12 noon – 3pm, Monday to Sunday**

**Dinner: 5pm – 10.30pm, Monday to Sunday**

Authentic Chinese cuisine in a relaxed environment. Try the chow mein or chop suey with your choice of chicken or beef, the egg foo yung or the delectable sweet-and-sour chicken and pork.



**EASTERN CAPE**







## SHANGHAI

Shop 5 Sparg's Centre, Bonza Bay Road, Beacon Bay,  
East London, 043 748 2998

11am – 10pm, Monday to Sunday

This is Chinese with sophistication. Shanghai offers good Cantonese cooking, augmented by a sushi menu that goes a step beyond salmon roses and California rolls. Tuna sashimi and eel nigiri are excellent. Chinese staples are enlivened by some good Szechuan pepper dishes. The whole crispy fish is worth mentioning – and definitely worth ordering.



## SHANGHAI

28 Currie Street, Quigley, East London,  
043 742 4381

11am – 10pm, Monday to Sunday

Expect honest Cantonese cooking at this modern Chinese eatery. At the sushi bar the tuna nigiri is tops and the platters generous. For Chinese fare, try the chop suey, crispy fish and chicken with cashews and chilli. The wine list is simple, and Chinese beers and sake are also available.

## YI PIN

Boardwalk, Marine Drive, Summerstrand,  
Port Elizabeth, 041 583 6688

Lunch: 11.30am – 2.30pm, Monday to Sunday

Dinner: 5.30pm – late, Monday to Sunday

The owners of Yi Pin use only the freshest produce and highest quality ingredients. The extensive menu offers a mouth-watering selection of traditional Chinese and Japanese cuisine, including sushi, and a limited number of Thai options. Diners can also watch chefs prepare meals at the open-plan Teppanyaki station.



## ZHONG HUA

48 Beach Road, Nahoon, East London,  
043 735 3442

11.30am – 10pm, Monday to Sunday  
(Wednesday 3pm – 10pm)

Mix and match from more than 150 dishes, including traditional Chinese favourites such as wonton soup and Peking duck, and top-notch sushi and a large Teppanyaki bar. The ever-growing number of regulars makes booking a good idea.



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