



# PRODUCT MANUAL 2021

**ADVENTURE**  
**WORKS!**



# WHY CHOOSE ADVENTURE WORKS?

At Adventure Works we are committed to designing and facilitating fun, interactive and memorable events in a professional manner.

We specialise in creating the right adventure for the profile of each corporate group, whether you are after an adrenaline-pumping powerboat ride, a fun discovery tour through the Winelands, relaxing beach activities, an interactive cultural exchange or a sophisticated Harley Davidson transfer, we will tailor-make a package for you. We also offer ground handling services to the MICE industry, team building as well as social responsibility events and product activations.

Our activities are suitable for all levels of fitness with the emphasis being on enjoyment not exercise! Programs can be adjusted to suit each group's requirements.

We are passionate about providing amazing experiences and pride ourselves on attention to detail, fast and efficient service and accurate information topped off with endless fun and laughter.

Whether your group is of 10 or 1,000 people, we will manage all the details and logistics to ensure every event runs smoothly.

We are proud members of industry organizations SATSA and SAACI, and are bonded by SATIB.

021 790 9015 | [INFO@ADVENTUREWORKS.CO.ZA](mailto:INFO@ADVENTUREWORKS.CO.ZA) | [WWW.ADVENTUREWORKS.CO.ZA](http://WWW.ADVENTUREWORKS.CO.ZA)





## **SERVICES OFFERED**

Adventure Works has evolved over the past nineteen years and has become more than just an adventure operator. Our close involvement with the MICE industry has created an increasing demand to assist with ground handling support services such as:

**Transfers:** Providing vehicles of all types from coaches to Harley Davidsons

**Logistics:** Organising the logistics for optional activity days, mass airport transfers, luggage drops, room drops etc.

**Meet & Greet:** Airport meet & greet and escort to shuttle

**Tour Management:** Providing tour guides, booking restaurants & activities and overseeing their smooth running

**Hospitality Desks:** Manning of hospitality desks

**Day Tours & Activities:** Our experienced team will ensure a great day for all

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# WALKING TOURS & COOKING CLASSES 2021



# CULTURAL COOKING TOUR

We meet at the steps of the Bo Kaap Museum for a sensational overview of the Bo Kaap's colourful history.

From there, we criss-cross the neighbourhood, passing several mosques including the Auwal Mosque – built in the 18th century, it is South Africa's oldest mosque – and the tiny Nural Islam Mosque. We stop at beautiful murals depicting Cape Malay life, customs and attire in the 19th century.

The walking tour ends at a specialty spice shop that sells all sorts of herbs and spices from around the globe. Here our guide will purchase a few of the most popular spices before we walk up the hill to a small house, home of the lovely Faldila.

Faldila will take you by the hand and lead you into her kitchen. After a refreshing drink, you are given instructions and before you know it, you are in the midst of a delightful Cape Malay cooking course! We knead and smack the dough for the roti (pancake-like bread), mix the spices we purchased for the curries, and fold samosas before stuffing them with a spicy filling. We then sit down to a traditional Cape Malay culinary experience, created by our own hands.

<b>Duration:</b>	2.5 hours
<b>Minimum Pax:</b>	2
<b>Maximum Pax:</b>	15 per class -100pax over several houses
<b>Includes:</b>	Facilitated tour through the Bo-Kaap, a cooking lesson, a meal, entrance into Bo Kaap Museum, refreshments with lunch





" Langa my life  
I WAS BORN  
IN THIS  
TOWNSHIP.  
I GREW UP  
IN THIS  
STREET.  
THERE ARE  
TEN HOUSES  
ON THIS  
BLOCK..  
WE PLAYED  
THIS  
POTHOLED  
STREET  
INTO THE  
GROUND... "  
FATIMA DIKE

## LANGA TOWNSHIP WALK

Join us on a guided walk through the community of Langa or Masiphumelele where you may see township markets, hostels, home-grown businesses (smiley shops), hear vibrant music and much more... .

This excursion offers fantastic insight into everyday township life while illustrating the entrepreneurial spirit and good humor the residents use to overcome day to day issues. We are made to feel part of their great sense of community! Ubuntu!

Optional Extras : Visit a Witch Doctor, Donate to and visit a Crèche, visit a Shebeen or eat a traditional meal of Samp & Beans.

### PRIVATE TOUR

<b>Minimum Pax:</b>	2
<b>Maximum Pax:</b>	200 on rotation
<b>Duration:</b>	Approx 1.5 hours
<b>Optional:</b>	
	<ul style="list-style-type: none"><li>• Traditional 3 course lunch</li><li>• Marimba Band</li><li>• Witch Doctor</li><li>• Creche donation &amp; visit</li></ul>



# FOOTPRINTS OF CAPE TOWN

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# THE EXPERIENCE

Learn to gumboot dance, drum in unison at the craft market, identify Malay spices in the Bo Kaap and sing the Xhosa click song!

These are just a few of the activities that the groups will participate in while on the Footprints of Cape Town Interactive Tour.

We will move around the city in smaller groups accompanied by a charismatic tour guide and activity facilitator. Together they will uncover stories of sailors carving on postal stones, 400 year old fruit trees and many other fascinating facts that reveal the past and present life in Cape Town.

This activity is a great way create an informative tour while keep the teams excited with fun uniquely South African activities.

WE CAN TAILOR-MAKE THE ITINERARY TO SUIT ANY GROUP

**Includes:** Tour guides, facilitation, 1x water pp, koeksister & spice tasting, protea keyring, gumboot dancing, Cape Minstrel Band

## **Optional :**

- 20 piece choir African Choir performance inside St Georges Cathedral
- Protea Flower
- Marimba Band

**Duration:** 2 hours



# URBAN ADVENTURE



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# THE EXPERIENCE

What better way to experience the culture and vibe of Cape Town than by losing yourself with an on-foot amazing race through the CBD?

The group is split into smaller teams for ice breakers and a briefing before receiving their race-kit, maps and clues to navigate their way around the Cape Town CBD.

This Amazing race will take you on a journey that illustrates the origin of Cape Town and uncover interesting stories as the city developed. Teams will explore the Company's Garden, the Bo Kaap, the streets of the city. They will learn to gumboot dance, drum in rhythm on Green market square, haggle for flowers from the colourful flower sellers and taste the spicy treats of Malay cuisine in the Bo Kaap.

The race is based on scores earned for each challenge, not time, so the team with the most points at the end of the event are the champions!

WE CAN TAILOR-MAKE THE ITINERARY TO SUIT ANY  
GROUP

## **Duration:**

- 3 hours

## **Includes:**

- Personalised Race Books, Race Kits, activities and challenges, entry fees, permits, 1 x water per person, hosting & facilitation

Contact us for larger groups

# LANGA CULTURAL EXPERIENCE



## THE EXPERIENCE

Experience the rhythm and culture of Langa with a warm marimba welcome, and by participating in an array of traditional activities including drumming, gumboot dancing, traditional head carrying and soccer skills. Finish off with a grand Diski Dancing finale. This will take place at one of our indoor/outdoor venues in Langa

- Consider optional extras such as traditional African plate painting (glazed and returned within 36 hours) or design a putt putt course using non-perishable food items, which are then donated, as a social responsibility component.
- \* By participating in these activities you will be supporting community based initiatives and entrepreneurs.
- For an introduction to the history and culture of Langa en-route there is the option of having a local tour guide on the coach from the hotel.
- Enjoy a township lunch or dinner to enjoy traditional Xhosa cuisine.

**Duration:** 2 to 4 hours

WE CAN TAILOR-MAKE THE ITINERARY TO SUIT ANY GROUP





## OPTIONAL

- ✓Plate painting
- ✓Design a Putt Putt (Using non perishable food items that will be donated to charity after the event)
- ✓Tour guide on coach
- ✓Local tour guide
- ✓Security (x5)
- ✓Three Course Meal at Mzanzi
- ✓Water / Soft drinks
- ✓Coolerboxes & ice
- ✓Doubt deluxe toilets
- ✓PA System and Stage
- ✓Bedouin Tent 10x10m





# INCENTIVE EXPERIENCES 2021





## MARINE EXCURSIONS





# HOUT BAY POWERBOATS

## HOUTBAY HARBOUR JETTY RETURN

With the wind in your hair, the spray of the cold Atlantic Ocean on your face and the majestic backdrop of the Sentinel Mountain, we head to Duiker Island, home to a large colony of Cape Fur Seals. Following the wild rugged coastline, we then cruise past the wreck of the Boss 400 sitting high up on the rocks before skirting under Chapman's Peak on our way back to the harbour.

*Please note: This is not recommended for clients with serious back, knee or neck injuries or any serious prior operations.*

### **OPTION 1 – 1 trip of 1 to 5 boats per boat (12 seaters)**

<b>Minimum:</b>	12pax / 1 Boat
<b>Maximum:</b>	80 pax / 7 boats
<b>Duration:</b>	1 hour 15 min including briefing

### **OPTION 2 - Rotations - several trips per boat of 1 to 5 boats (12 seaters each)**

<b>Minimum Pax:</b>	1 boat doing 2 rotations
<b>Maximum Pax:</b>	Max 5 boats rotating is advisable
<b>Duration:</b>	40 min including briefing
<b>Optional:</b>	Coffee, Champagne, Ice Cream or Popsicles – see pages 33 - 36





# CAPE POINT POWERBOATS

## BUFFELS BAY – CAPE POINT RETURN

All of the best action movies feature a chase on water, where power- boats weave along the water and frequently jump across each others wake as the wind their way across the waves. With the wind in your hair and water splashing your face you can experience the adrenaline for yourself at the Southern Western most tip of Africa.

Please note: That there is no jetty at Buffels Bay, therefore, clients will be paddled out to the Power Boats in inflatable canoes. They will need to remove their shoes and socks and will get their legs wet.

*Please note: This is not recommended for clients with serious back, knee or neck injuries or prior operations.*

### **OPTION 1 – 1 trip of 1 to 5 boats per boat (12 seaters)**

**Minimum Pax:** 12pax / 1 Boat

**Maximum Pax:** 80 pax / 7 boats

**Duration:** 1 hour 15 min including briefing

### **OPTION 2 - Rotations - several trips per boat of 1 to 5 boats (12 seaters)**

**Minimum Pax:** 1 boat doing 2 rotations

**Maximum Pax:** Max 5 boats rotating is advisable

**Duration:** 30-40 min per rotation

# CAPE POINT POWERBOATS

## MILLERS POINT – CAPE POINT RETURN

Experience the renowned Cape Point by sea in a powerboat and hear about shipwrecks, ghost ships, and sea monsters which have made this area so historically significant! This unique excursion is way more impressive than visiting Cape Point by land and never to be forgotten.

We depart from and return to Millers Point near the Black Marlin Restaurant.

*Please note: This is not recommended for clients with serious back, knee or neck injuries or prior operations.*

### **OPTION 1 – 1 trip of 1 to 5 boats per boat (12 seaters)**

**Minimum:** 12pax / 1 Boat

**Maximum:** 80 pax / 7 boats

**Duration:** 1 hour 15 min including briefing

### **OPTION 2 - Rotations - several trips per boat of 1 to 5 boats (12 seaters each)**

**Minimum Pax:** 1 boat doing 2 rotations

**Maximum Pax:** Max 5 boats rotating is advisable

**Duration:** 40 min including briefing



# MILLERS POINT POWERBOATS

MILLERS POINT – HARBOUR HOUSE KALK BAY

## **Get off the coach and turn your transfer into an Adventure!**

Do your lunch transfer differently as your guests go on an exciting Powerboat Adventure from Millers Point. On this route, we travel past Roman Rock lighthouse to Kalk Bay harbour, here you climb off the boat and walk directly into the Harbour House Restaurant.

Along the way guests can take in the breath-taking views of the coastline, visit a penguin colony, and even see some marine mammals such as whales, stingrays and seals... not to mention they'll arrive in style with no traffic issues! This can save you about 2 hours travel time as you won't have to fight the masses at Boulders Beach and you'll avoid the congestion on the Fishhoek/ Kalk Bay main road.

*Please note: This is not recommended for clients with serious back, knee or neck injuries or prior operations.*

### **OPTION 1 – 1 trip of 1 to 5 boats per boat (12 seaters)**

<b>Minimum:</b>	1 boat (12 pax)
<b>Maximum:</b>	7 boats (80 pax)
<b>Duration:</b>	1 hour 15 min including briefing

### **OPTION 2 - Rotations - several trips per boat of 1 to 5 boats (12 seaters each)**

<b>Minimum Pax:</b>	1 boat doing 2 rotations
<b>Maximum Pax:</b>	Max 5 boats rotating is advisable
<b>Duration:</b>	40 min including briefing



# PENGUIN PADDLE

Embark on an hour-long magical adventure in one of our twin seater buoyant kayaks in the company of our knowledgeable, fully-trained and experienced guides. No prior experience of paddling on the sea required, just a desire to witness a seldom-seen part of our little slice of paradise here in False Bay.

Expect to weave your way through the rocky pools and outcrops around Boulders Beach, where penguins skim the water below, diving and dancing in the waves.

We allow a maximum of 40pax, 2 pax per boat, i.e.. 20 boats on the water at any one time. Groups of over 40pax will be rotated over several trips depending on the group size. Contact us for larger groups.

<b>Venue:</b>	Start and end location will be either at Seaforth, or Windmill Beach depending on wind direction.
<b>Minimum Pax:</b>	10
<b>Maximum Pax:</b>	40 per rotation
<b>Duration:</b>	1 hour, including 15 min briefing
<b>Includes:</b>	Equipment, Guides, Life Jackets, Permit







## CYCLE EXCURSIONS





# WINELANDS CYCLE

Taking you through the lavish Franschhoek Valley, this guided bicycle tour offers ample opportunity for cultural appreciation; expect to catch a glimpse of the town's fascinating French connection as you pass the Huguenot Monument and the unique architecture of this quaint village. You will also cycle through vineyards and working farms while our guide gives you insight on the history of this cultural rich town.

Visit 2 different estates to enjoy boutique wine tastings, with the option of food and wine pairings, a cheese & charcuterie platter or a picnic at an additional cost.

<b>Minimum Pax:</b>	4
<b>Maximum Pax:</b>	70 per rotation
<b>Duration:</b>	2.5 hours
<b>Includes:</b>	Bikes, Helmets, Water, 2 x Wine Tastings (La Bri & Grande Provence) & Guides
<b>Optional Extras:</b>	<ul style="list-style-type: none"><li>• Chocolate &amp; wine pairing</li><li>• Biltong &amp; wine pairing</li><li>• Picnic – including ½ bottle wine, excluding gratuity</li><li>• Wine blending</li></ul>

# HOUT BAY HARBOUR Ebike

Join us for a leisurely ebiking trip around Hout Bay Harbour and craft market. Our easy to ride electric bikes make this an effortless, enjoyable ride for all levels of capability.

We will visit a seal colony and make our way past colourful fishing boats to admire spectacular views across the bay! Next, we will head to the Harbour market area where we will visit a craft brewery and gin distillery to watch the brewing process and sample their fine wares. Our next stop is a artist zone where we will watch sculptors carving out their creations from steel and hunks of wood.

The wildlife, tasting experience, culture and art make this a fantastic tour

<b>Minimum Pax:</b>	2 pax
<b>Maximum Pax:</b>	50 pax per rotation
<b>Duration:</b>	1½ hours
<b>Includes:</b>	Bikes, Helmets, Water & Guides
<b>Optional:</b>	Gin/ Craft Beer Tasting:

# SEAPOINT PROMENADE CYCLE

Spend some time on the Sea Point strip as guests enjoy a leisurely ride and join in on the active hustle and bustle along the famous Promenade.

Guests can hear the waves crashing on the rocks beside them, smell and taste the fresh ocean air, and take in the lekker vibe of the locals as they pedal their way down this beautiful strip!

**Minimum Pax:** 2 pax

**Maximum Pax:** 100 pax

**Duration:** 2 hours

**Includes:** Bikes, Helmets, Water & Guides







UNIQUE EXPERIENCES 2021

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# YACHT EXPERIENCES

Sit back, relax and watch the world go by aboard a catamaran or sailing schooner. Enjoy stunning views of Table Mountain and the Waterfront while cruising the coast towards Camps Bay.



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# YACHT CHARTERS

50-foot Sailing Schooner

42-foot Power Catamaran

40-foot Power Catamaran

74-foot Power Catamaran

## menu options for above charters

### **Braai**

Sticky honey glazed beef ribs

Spicy tuna kebabs

BBQ glazed tofu & mushroom kebabs

Spicy chicken wings

Traditional Greek Salad

Crispy baby potato salad

### **Simple Canapes**

Mini butter chicken phyllo baskets with fresh coriander raita

Finger brioche bun panko crumbed buttermilk chicken slider with grilled pineapple & sweet chilli aioli

Salmon and caper cream cheese mousse garnished with chives on a bruschetta

Truffle mushroom tart with blue cheese & micro greens

Mini beef prego rolls

Spanakopita – spinach & feta

### **Elite Canapes**

Panko tiger prawns with roasted garlic & lemon aioli

Seared sesame tuna with burnt pineapple, creme fraiche & sesame seeds

Caesar salad skewer

Hoisin grilled chicken pita with cucumber, carrot, shredded red cabbage, wild rocket & coriander pesto aioli

Modernist steak, egg and chips with bearnaise sauce

Finger brioche bun lamb slider with camembert & cranberry

Sundried tomato and basil arancini with truffle cream cheese dip

Melon ball Caprese skewers with cherry tomato, bocconcini & basil pesto

## platter options for above charters

### Platter 1

#### \*Serves 8 people

Chicken skewers  
Prawn rissoles  
Vegetable rissoles (v)  
Grilled chicken wings

### Platter 2

#### \*Serves 8 people

Chicken skewers  
Beef skewers  
Prawn skewers  
Squid heads

### Platter 3

#### \*Serves 8 people

Mini prego beef  
Mini prego chicken  
Chicken skewers  
Beef skewers  
Vegetable skewers (v)  
Prawn rissoles

### Vegetarian Platter

#### \*Serves 4 people

Fresh fig & goat's cheese phyllo parcels (v)  
Balsamic glazed asparagus (v)  
Vegetable skewers (v)  
Vegetable rissoles (v)  
Sundried tomato & cheese quiche (v)

### Yacht Special

#### \*Serves 6 people

Beef skewers  
Spicy prawn skewers  
Chicken skewers  
Salmon fashion sandwich  
Spicy tuna maki  
Goat's cheese & cranberry  
Baby sausage, cream mash & onion remoulade  
Chicken and shittake mushroom penne  
Mini hot dogs







# WINELANDS AMAZING RACE

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## THE EXPERIENCE

Experience the diversity of the Winelands while tobogganing, herding sheep, tasting cheese, chocolates and wines. Meet the winemaker, visits to vintage car museums and art galleries is also possible.

On the day, the group will be divided into teams where they will start off with ice breakers and a briefing of the days events, before leaving their hotel.

They will receive a race-kit, maps and clues to navigate their way around the majestic Winelands.

En-route they will answer questions, and stop at numerous check points such as Spice Route, Cool Runnings Toboggan Track, Boschendal Wine Farm, Franschhoek, Fairview Cheese Factory and much, much more, plus they will complete challenges and activities en-route before moving onto their next destination.

The race is based on scores not time, so the team with the most points wins!

WE CAN TAILOR-MAKE THE ITINERARY TO SUIT ANY GROUP



# DESERT STORM

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# THE EXPERIENCE

Just 45 minutes north of Cape Town, at Atlantis Dunes, lies a pristine desert with glistening sand and breathtaking views of Table Mountain. Here we explore the Dunes on quad bikes and 4x4 jeeps and get wild in the sand

## **4x4 Dune Bashing:**

Experience the Original Jeep 4x4 Off Road! Hold on tight as a qualified driver races up and down the dunes offering an adrenaline rush experience which includes gravity-defying slopes and drifts on the dune faces.

## **Quad Biking:**

Explore the vast scenic dunes while driving an automatic quad bike. This guided trip will take you on sandy tracks, through valleys and to the top of dunes where you can enjoy views of Table Mountain

## **Sand boarding:**

Get your heart pumping while you master the simple skills of zooming down a sand dune at full speed. Try both sit down and standing options.

## **Desert Golf, Volleyball, Boules and Frisbees:**

Have fun with some games between the motorized experiences!

**Minimum Pax:** 20

**Maximum Pax:** 100 per rotation

**Duration:** 2 – 3 Hours

**Includes:** Equipment, Activities, 4x4 drivers, Facilitation, Set up

**Excludes:** Transport, Meals, Refreshments and Photographs

**Optional:** **Bedouin Tents**  
includes permit, set up & breakdown

**Decor**  
includes carpets & large comfy cushions

**Snack Packs & refreshments –**  
see pages 35 - 36



# LAWN/BEACH GAMES

Add a dash of excitement to your picnic or beach day with a variety of interactive games. These include Giant Scrabble, Jenga, Boule, Croquet, Volley Ball and Badminton.

Highly competitive or leisurely chill!

**Duration:** 2-3 hours

**Includes:** Activities & equipment , Adventure Works Guides, planning, hosting and facilitation

Optional: Bedouin Tent - See page 37

Catering & Refreshments – See from page 32

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# CATERING OPTIONS 2021





# CURBSIDE COFFEE

Take a quick booster stop with a steamy cup of freshly roasted beans accompanied by a selection of pastries and croissants. Espresso, Cappuccino, Americano, Decaf, Tea and Juice are on the menu.

Venues: Chapman's Peak, Signal Hill, Millers Point

Duration: 1 hour

Minimum Pax: 10

Maximum Pax: 300

Includes: Basic buffet set up, basic bar setup, permits staff, ECO monitor, barista tea & coffee, orange juice and morning pastries for a 1 hour event.



# CURBSIDE CHAMPAGNE

With a combination of mountain and sea as the backdrop, savour the views as guests sip on a glass of chilled MCC Bubbly with local dry snacks for an exquisite welcome to Cape Town, afternoon refresher or start to their evening.

Venue: Chapman's Peak or Signal Hill

Duration: 1 hour

Minimum Pax: 10

Maximum Pax: 300

Includes: Basic buffet set up, basic bar setup, permits staff, ECO monitor, MCC sparkling wine, orange juice and dry snacks for a 1 hour event.





# SNACK PACKS

ADD A SNACK TO YOUR EXPERIENCE

## morning treats 'Kaapse' dry snacks

- Muffin
- Crisps
- Fresh whole fruit
- Chocolate bar
- Bottled water
- Crisps
- Biltong
- Dried fruit
- Assorted nuts
- Bottled water

## brunch treats sweet endings

- Gourmet sandwich
- Crisps
- Biscuits or Chocolate bar
- Bottled water
- Donut wall on Easel
- Iced donuts
- Gourmet donuts

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# REFRESHMENT OPTIONS

QUENCH YOUR THIRST

## ice lollies

Choose from our delicious and refreshing selection of alcoholic and non-alcoholic gourmet iced lollies. The perfect cool down on the run.

Popsicles  
Ice bath table set up  
Ice Cream Cart Hire

## ice cream

Our ice cream cart will serve smooth and creamy, hand made, Italian ice cream. Choose 2 flavours from our large selection.

Cart hire, serving staff, equipment

Ice Cream  
(5litres per 20pax)

## iced coffee

Get your caffeine fix on ice. Cold brewed coffee to keep you going on a hot summers day.

## water & soft drinks

Water 300ml  
Soft Drinks  
Appletiser & Grapetiser

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# OPTIONAL EXTRAS

MAKE YOUR EXPERIENCE THAT MORE AWESOME

Bedouin Tent  
10m x 10m  
Includes set up and breakdown  
Subject to and excluding permits

Bedouin Tent Décor  
Includes carpets/ kilim rugs & large comfy cushions

PA System  
When it helps to be heard  
Includes speaker and microphone  
USB & 3.5mm auxiliary compatible

Bandanas

Bufs

Rain Ponchos





# UNIQUE TRANSFERS 2021

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# THE EXPERIENCE

What better way to impress your guests than with a stylish ride!

Choose from Harley Davidsons, Side Cars, Vintage Cars or Jeeps.

Vehicles are chauffeur driven and routes range from short dinner transfers to full-day excursions.

It is advisable to choose a short & scenic drive, rather than long distance transfers. 1 to 2 hours maximum for optimal guest comfort.

**Airport transfers** are not really advisable due to heavy traffic and high speeds. Rather opt for a dinner transfer or a trip from the hotel via the coastal route to Hout Bay, on your first leg of a Cape Point tour, to enjoy the spectacular views!!

Costs vary according to route and duration. You may need to cover the cost to get the vehicles to or from a destination like the winelands or cape point. See the guideline costs below or call us for details.

Add a Refreshment Stop  
see pages 33 - 36





# HARLEY DAVIDSON TRANSFER

## OPTION 1

### 1 hour (or part thereof)

City Bowl to City Bowl

- ✓ Table Mountain via Camp's Bay
- ✓ Signal Hill via Camp's Bay
- ✓ Camp's Bay via Atlantic Sea Board
- ✓ Hout Bay via Atlantic Sea Board
- ✓ Chapman's Peak view site via Atlantic Sea Board

## OPTION 2

### 2 hours (or part thereof)

City Bowl to - Constantia via Hout Bay OR Kirstenbosch

- ✓ Simon's Town via Ou Kaapse Weg
- ✓ Muizenberg via Boyes Drive

## OPTION 3

### 3 hours (or part thereof)

City Bowl to - Simon's Town via Chapman's Peak

- ✓ Miller's Point via Chapman's Peak
- ✓ Boulder's Beach via Chapman's Peak

## OPTION 4

### Half day/4 hours (or part thereof)

City Bowl to - Cape of Good Hope Nature Reserve (excl. entrance fees)

- ✓ Cape Winelands

## OPTION 5

### Full day/8 hours (or part thereof)

Winelands/ Cape Point/ West Coast - refuelling surcharge may apply for longer routes

**Includes:** Chauffer driven Harley Davidson, Fuel & Helmet

- Maximum 60 bikes



**NEW!**

Leather Jackets for hire





# VINTAGE CAR TRANSFER

**ROUTE 1:** Dinner transfer within Cape Town City Bowl  
1 way

**ROUTE 2:** : **Dinner** Transfer within Cape Town City  
Bowl return

**ROUTE 3:** Cape Town City Bowl to Table Mountain

**ROUTE 4:** Cape Town City Bowl to Camps Bay/  
Newlands

**ROUTE 5:** Cape Town City Bowl to Constantia /  
Airport

**ROUTE 6:** Cape Town City Bowl to the Airport


**ROUTE 7:** Half Day including Cape Point / Winelands  
(4 hours)

**ROUTE 8:** Full Day including Cape Point / Winelands  
(8 hours)

**Includes:** Chauffeur driven vintage cars seating  
3pax and fuel

Maximum 120 pax can be transported at one  
time.

# SIDE CAR TRANSFER

A dramatic sunset scene with a person and a sidecar in silhouette. The person is standing on the left, holding a circular object, possibly a hat or a sign. The sidecar is on the right, with its headlight glowing. The sky is filled with vibrant orange, red, and purple clouds.

## **SHORT TRANSFER:**

(Maximum 2 hours drive-time from city)

- Point to point, one-way transfers within the following Cape Town extremities:
- **EAST:** Cape Town Airport    **NORTH:** Milnerton
- **SOUTH:** Southern Suburbs (as far as Claremont)    **WEST:** Hout Bay

## **LONG TRANSFER:**

(Maximum 4 hours drive-time from city)

- Point to point transfers within the following greater Western Cape extremities:
- **NORTH:** Darling    **SOUTH:** Cape Point
- **EAST:** Somerset West/ Stellenbosch    **WEST:** Hout Bay

## **FULL DAY OUTING:**

(Maximum 8 hours drive-time from city)

- Popular Day Outings: Cape Peninsula Round Trip; Winelands Day Trip;
- South Coast Meander (Gordons Bay, Pringle Bay, Betty's Bay & Return)

## **Includes:**

- ✓ Chauffeur driven Side Car seating 2 passengers & Fuel

**Maximum 30 bikes available seating 2 passengers each**



# JEEP TRANSFER

## **SHORT TRANSFER:**

(Maximum 2 hours drive-time from depot)

- Point to point, one-way transfers within the following Cape Town extremities: NORTH: Milnerton
- SOUTH: Southern Suburbs (as far as Claremont)
- WEST: Hout Bay/Chapmans Peak

## **LONG TRANSFER:**

(Maximum 4 hours drive-time from depot)

- Point to point transfers within the following greater Western Cape extremities: NORTH: Darling / SOUTH: Cape Point

## **FULL DAY OUTING:**

(Maximum 8 hours drive-time ex-depot)

- Popular Day Outings: Cape Peninsula Round Trip

### **Rates Includes:**

Chauffeur driven Willys Jeeps and Cabriolet Jeeps  
seats 3pax

### **Rate Includes:**

- ✓ Chauffeur driven Jeeps seating 3 passengers & Fuel

**Maximum 60pax can be transported at one time**





# LUXURY CAR TRANSFER

**ROUTE 1:** Dinner transfer within Cape Town City Bowl 1 way

**ROUTE 2:** : **Dinner** Transfer within Cape Town City Bowl with return

**ROUTE 3:** Cape Town City Bowl to Table Mountain

**ROUTE 4:** Cape Town City Bowl to Camps Bay / Newlands

**ROUTE 5:** Cape Town City Bowl to Constantia

**ROUTE 6:** Cape Town City Bowl to the Airport (including luggage)

**ROUTE 7:** Half Day including Cape Point / Winelands (4 hours)

**ROUTE 8:** Full day including Cape Point / Winelands (8 hours)







FIT & OPTIONAL EXCURSIONS 2021



**ADVENTURE**  
WORKS!



## HIKING

Of all the great activities that you can choose from, a hike in the Cape's impressive mountains is still arguably one of the best.

There are dozens of spectacular hiking routes on Table Mountain, whether it is the direct route up Platteklip Gorge or a longer more scenic route from Kirstenbosch or Hout Bay, a summit hike will not only provide you with spectacular views but give you great bragging rights amongst your peers!!!

Minimum Pax: **2**  
Maximum Pax: **200**  
Includes: **1x water , 1x energy drink 1x snack bar**  
Excludes: **Cableway tickets**

Optional Extra: **Lunch packs**



## CANAL PADDLE

We will explore the waterways of the V& A Waterfront or Century City in stable, easy to paddle, two-man kayaks. After donning your lifejacket you will be guided by an Adventure Works instructor to view the stunning architecture that makes our city.

Canal kayaking is safe and easy. This is a unique interactive experience in two very popular areas.

Duration: **1 hour, including 15 minutes briefing**  
Location: **Start and end either at the Westin, CTICC building or outside the One & Only Hotel, Or outside Intaka Island, Century City**  
Minimum Pax: **10**  
Maximum Pax: **40**  
Includes: **Equipment, guides, life jackets & permit**





## STAND UP PADDLE BOARDING

The best way of learning to SUP board is on flat water, and the V&A Waterfront provides the perfect canals to practice. No hazards and no waves makes the canals an ideal place for first-timers, and instils comfort and confidence in the guest when on the board. You will learn about safety (water, wind knowledge and equipment specs), stability, position, balancing and different paddling strokes.

Duration: **1 hour**  
Location: **V&A Waterfront**  
Minimum Pax: **1**  
Maximum Pax: **40**



## SHARK CAGE DIVING

Get your adrenaline pumping with a shark cage diving trip in Gansbaai where you will be closer than ever before to one of nature's most astonishing creatures. Other wildlife species such as Cape Gannets, Cape Cormorants, African Penguins, whales (July to November) and dolphins are also likely to be sighted.

Transport (optional):

Duration: **Full Day**  
Location: **Gansbaai**  
Minimum Pax: **1**  
Maximum Pax: **40**

Private charter available on request

## SURF LESSONS

*'The best surfer is the one having the most fun.'*

Our motto carries our philosophy and we are stoked to embark on this epic adventure with you - learn to surf OR improve your surfing skills!

Our surf instructors will teach you how to catch the "ultimate wave". Surf lessons include water safety, beach introduction and the ABC of surfing. All equipment is supplied and we will have you standing up in no time!

Lesson Duration: **1 hour**  
Location: **Hout Bay**  
Minimum Pax: **5**  
Maximum Pax: **50+**  
Includes: **Wetsuit, surfboard & leash**

Private lessons available on request



## SAND BOARDING

Get your heart pumping while you master the simple skills of zooming down a sand dune at full speed.

Sandboarding is a wicked activity as it's both fun and extreme (depending on your skills as you progress). Our guides will provide you with training and safety on the dunes. The norm is to stand on the sandboard as you descend down the dune but if you prefer to rather sit we will show you the ropes as this is also a lot of fun if your balance seems to get the better of you.

Duration: **2 hours**  
Minimum Pax: **4**  
Maximum Pax: **50**  
Includes: **Sand board, permit, instructor & refreshments**





# WATER BIKING

Gliding across the ocean on the worlds most advanced water bike is the most exciting & unique way to experience the ocean around Simon's Town, famous for its marine life & spectacular views of the surrounding Table Mountain range.

Our premium water bikes are silent, do not emit any emissions, do not require fuel & they will allow you to safely explore without an environmental footprint.

These easy, no hassle water bikes are very stable, simple to steer and do not require balancing as with conventional bikes. Due to the elevated sitting position on these bikes, you do not get wet. No previous experience or skills are required.

Duration: **2 hours**  
Location: **Simonstown**  
Minimum Pax: **2**  
Maximum Pax: **10**



# HOUT BAY KAYAKING

Kayaking is perfect for beginners and experienced kayakers, the water is calm and you will always have a guide close by to assist.

On this tour you will explore one of Cape Town's most iconic shorelines. You can look forward to seeing the seal sanctuary, marine life and Chapman's Peak from shore.

Marine life that you might encounter while kayaking: Seals, Penguins, Dolphins, Whales and Sunfish... just to name a few.

Bring along your costume, towel, sun block and warm clothes!

Duration: **1 hour**  
Location: **Hout Bay**  
Minimum Pax: **4**  
Maximum Pax: **40 per rotation**

## DUNES QUAD BIKING

Just 45 minutes north of Cape Town lies a pristine desert with glistening sand and awesome views of Table Mountain. This guided tour takes you through the open dunes that are very reminiscent of those found in the Namibian desert, with beautiful white sand and dunes undulated by the wind.

Duration: **1 hour**  
Location: **Atlantis**  
Minimum Pax: **2 pax**  
Maximum Pax: **10 pax**  
Minimum Age: **12 years**



## WINELANDS QUAD BIKING

A guided quad trail is a great way to experience the Winelands. You will wind your way through a working wine farm scattered with indigenous fynbos to enjoy stunning views over the Paarl Valley.

Duration: **1 hour**  
Location: **Paarl**  
Minimum Pax: **4**  
Maximum Pax: **12**  
Minimum Age: **12 years**





# ABSEILING

Step off the top at 1000 metres above sea level, and Abseil into mind-blowing vertical space. The panoramic views from the top of Table Mountain are breath taking, but the views from the abseil are even better. Descending down the side of a sheer cliff you will have Camps Bay, the Atlantic Seaboard and the deep blue ocean at your feet with the Twelve Apostles at your side. The Table Mountain Abseil is guaranteed to get your pulse racing.

Duration: **Half Day**  
Location: **Table Mountain**  
Minimum Pax: **1**  
Maximum Pax: **20**



# ZIPLINING

Adventure enthusiasts can be browsing the boutiques of Kloof Street one minute and whizzing through a canyon at Constantia Nek almost the very next. The exhilarating aerial cable slide, which is located on the private Silvermist Wine Estate, is the very first of its kind to be opened so conveniently near to the electric hum of the CBD (roughly 20 minutes away), and it unveils a whole new world of thrills right at city dwellers feet. The zipline route is, in fact, one of the longest on the African continent (approximately 2.3km in total).

Duration: **2 hours**  
Location: **Constantia Nek**  
Minimum Pax: **1**  
Maximum Pax: **20**

Contact us for larger groups

# SKY DIVING

Feel the rush of adrenalin as you jump from the aeroplane and “fly” through the air! Tandem free fall from 9000ft attached to a skydive instructor. After an amazing 30 second free fall, your shoot will open and you will float down to earth enjoying the panoramic views of Cape Town.

Duration: **Half Day**  
Location: **Cape Farms (40kms from Cape Town)**  
Minimum Pax: **1**  
Maximum Pax: **20**

Optional Photos and/or Video of your Jump



# PARAGLIDING

Soar with the birds above stunning Camps Bay Beach! We launch from Lions Head and ride the thermals above Camps Bay with stunning views of Table Mountain, The Twelve Apostles and the Atlantic Coast.

Flight Time: **15-20 minutes**  
Location: **Signal Hill**  
Minimum Pax: **1**  
Maximum Pax: **20**

Optional Photos and/or Video of your jump



# KAYAKING WITH THE PENGUINS

Paddle the warm waters of False Bay and experience the sights of Simonstown from a different perspective. From the sedate to the adventurous, this is perfect for everyone with the most popular trip being a visit to the penguins at Boulders Beach.

Scheduled paddles happen every day of the year, weather permitting - not just the summer. The winter months are also wonderful for paddling because winter has more calm windless days than summer and on those days it is absolutely beautiful. Plus there is always a chance of seeing whales.

Duration: **2 hours**

Location: **Simonstown**

Minimum Pax: **2**

Maximum Pax: **10**

Includes: **Kayak, paddles, life jacket, life saver facilitation**



# SEAL SNORKELING

Cape Fur seals occur naturally on islands around the southern African coast and are found nowhere else in the world. Duiker Island in Hout Bay is home to about 5 000 seals and lies within the Karbonkelberg marine protected area, part of Table Mountain National Park.

These Cape Fur seals are not fed or trained, they behave naturally and interact with snorkelers on their own terms. Seal Snorkelers can always see seals in the water and there are no sharks present. This is a wildlife adventure that brings you mask-to-whisker with playful and inquisitive wild animals in their natural habitat.

Duration: **2.5 hours**

Location: **Hout Bay**

Minimum Pax: **4**

Maximum Pax: **10**

Includes: **Wetsuit, equipment & guides**

Excludes: **Towels**



## WINELANDS HORSE RIDING

Winelands horse riding is the ideal way to experience the breath-taking views and unspoilt beauty of the Paarl Mountain Nature Reserve. This can include moonlight trails and trails combined with wine tasting (at an additional cost).

Duration:	<b>1 hour</b>
Location:	<b>Paarl</b>
Minimum Pax:	<b>1</b>
Maximum Pax:	<b>20</b>
Maximum Weight:	<b>95kg</b>
Minimum Age:	<b>12 years</b>



## BEACH HORSE RIDING

There's nothing quite like cantering on the beach, wind in your hair, surrounded by postcard-perfect views of Chapman's Peak and the ocean waves crashing just metres away. Enjoy guided beach ride with qualified guides and see a variety of wild life on the beach incl. birdlife, whales, otters and seals.

Duration:	<b>1 hour &amp; 45-minutes</b>
Location:	<b>Noordhoek</b>
Minimum Pax:	<b>1</b>
Maximum Pax:	<b>8</b>
Maximum Weight:	<b>95kg</b>
Minimum Age:	<b>12 years</b>
Available Times:	<b>09:00 / 12:30 / 16:00</b>





## DEEP SEA FISHING

Departing from Hout Bay, this full day excursion is for the very keen fisherman as the travelling distance to deep sea is far. The rewards can be huge though with Long-fin Tuna, Yellow-fin tuna, Dorado and occasionally the rare Marlin.

Duration: **Full Day**  
Time: **06:00 – 16:00**  
Location: **Hout Bay**  
Includes: **Drinks, Snacks, Breakfast & Lunch and equipment**



## INSHORE FISHING

Departing from the Waterfront for our local fishing grounds in stunning Table Bay. Enjoy trolling and bottom fishing in and around Robben Island. Catch includes Snoek, Yellow tail, Jaco Peeva, Hottentot and other bottom feeders.

Duration: **Half Day**  
Location: **V&A Waterfront**  
Pax: **Minimum 3 per boat**  
Time: **10:00 – 14:00**  
Includes: **Drinks, Snacks and equipment**

Contact us for private charters

# DRUMMING

A fun, dynamic session – great for breaking down barriers between people quickly and an excellent stress reliever, energizer and motivator! Perfect for any occasion.

Each participant is provided with an instrument to play and is shown step by step how to build to a grand finale. Self-esteem is built and maintained throughout the event, which is structured with a beginning, middle and ending, interspersed with vocal communication windows to deliver motivational messages and play rhythm games.

The event culminates with a dynamic drumming performance.

Duration: **1.5 hours**  
Minimum Pax: **40**



# SUNSET CHAMPAGNE CRUISE

A glorious evening cruise; an ocean view of the sun setting over the Atlantic horizon, and the Cape mountains a spectacular backdrop. With chilled sparkling wine to toast the occasion, it's the perfect end to any day.

Please note that there is not a fixed sailing time for the Sunset Cruises. Due to the constant change in time of actual sunset, our cruises depart earlier in winter and later in summer.

Location:  
Minimum Pax:  
Maximum Pax:

**V&A Waterfront**  
**1**  
**60**



## JEWELLERY CARVING

In this extraordinary experience, we provide you with the opportunity to design, carve and create your own piece of jewellery.

There are few opportunities globally to experience the full jewellery manufacture process from start to finish. Let loose with your creative spirit and create whatever your mind's eye can visualize. Get a true feel of what it takes to manufacture jewellery with all the best tools-of-the-trade.

The tailored and easy approach ensures that each participant leaves with the satisfaction of having been creative and producing a unique sentimental jewellery piece to take home.

Duration: **3 hours**  
Location: **Gardens, Cape Town**  
Minimum Pax: **2**  
Maximum Pax: **10**



## MASTER BEAD & WIRE CRAFT

Wire art is as unique a South African cultural icon as is boerewors, kwaito and Nelson Mandela. Highly sought after by tourists and locals alike, shows in the most vibrant and vivid way that South Africans are creative and innovative with even the simplest materials at their fingertips, and in the humblest of surroundings, originating as it did in rural areas. Because the pieces are made by hand each one is unique, and now the products of this thriving art form are found in homes, galleries and even in the foyers and offices of corporate buildings all around the world.

Try your hand at beading and make your own keyring with the help of an artist!

Duration: **1.5 hours**  
Location: **Woodstock**  
Minimum Pax: **1**  
Maximum Pax: **40**



## CRAFT BEER TOUR

Cape Town has more microbreweries than any other city in South Africa, making this an interesting, fun and refreshing way to discover our local beer heritage! You will visit breweries hidden around the city and taste some of the locally brewed craft beers! We will visit 2 microbreweries and 1 macro brewer to taste and compare their brews. Located in Woodstock, Salt river and Newlands, you'll learn about our beer heritage, but also see some great attractions and sights. Your local guide will share all his knowledge & stories and point out cool stuff to see and do along the way!

Duration:	<b>Half Day (tours from 12pm Tuesday to Sunday)</b>
Location:	<b>Woodstock, Salt River &amp; Newlands</b>
Minimum Pax:	<b>2</b>
Maximum Pax:	<b>40</b>
Includes:	<b>Guide, Transport (Hotels within the CBD), tastings at the 3 breweries, a delicious food and craft beer pairing</b>



## SCOOTOURS

Scootours offer a Unique way to Experience Table Mountain and it's breath taking views in a fun and active way. This 5 km track will take you on an adventurous off road track down the side of Signal Hill into Bo Kaap. The Experience continues as you are transported to Table Mountain for you final run down a single track off this world famous land mark!

Duration:	<b>1.5 hours</b>
Location:	<b>Table Mountain</b>
Minimum Pax:	<b>2</b>
Maximum Pax:	<b>14</b>

Departure Times: **9:00 / 12:00 / 15:00**



## WOODSTOCK STREET ART TOUR

In 2010 a street artist started a street art revolution in Woodstock. He started by asking residents if they would allow him to paint on open walls – showing them the art before painting and getting their permission first. This has inspired other local and international artists to come and work in the area. A local qualified guide will take you on a walk that takes you through this alternative art form. We meet up at the local creative shopping centre called The Woodstock Exchange and depart from there.

Duration: **1.5 hours**  
Minimum Pax: **2**  
Maximum Pax: **40 on rotation**  
Contact us for larger groups

**OPTIONAL:**  
Try your hand at beading and make your own keyring with the help of an artist



## HELI FLIPS

Take to the skies to experience the beauty of the Mother City with one of our unforgettable scenic tours:

Rates are based on Sharing/Scheduled flights

Cape Town Coastline Tour (12-minutes)  
Atlantic Coastline Tour (16-minutes)  
Cape Peninsula Coastline Tour (24-minutes)  
Cape Point Tour (40-minutes)

Location: **V&A Waterfront**  
Minimum Pax: **3**  
Maximum Pax: **20**

Contact us for larger groups or private flights



CONTACT US FOR YOUR NEXT

ADVENTURE



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www.adventureworks.co.za

**ADVENTURE**  
**WORKS!**



# TERMS & CONDITIONS

- ✓ All prices are NET and inclusive of 15% VAT.
- ✓ Prices are subject to change without notice.
- ✓ Transport, meals and refreshments are excluded from the prices given unless otherwise stated, but can be arranged on request.
- ✓ All itineraries are flexible and can be altered to suit each group's requirements and budget.
- ✓ Bookings are secured with a 50% deposit with the remainder due 30 days prior to the event.
- ✓ No refund will be given in the event of clients not arriving for an event.
- ✓ We need to know about all medical issues prior to the event.
- ✓ Delegates will be required to sign an indemnity form.
- ✓ Delegates will be required to wear life jackets on all marine craft and helmets on bicycles and motorbikes.
- ✓ Whilst every effort is made to make alternative arrangements in the event of bad weather, the above cancellation fees will apply if this is not possible.

## CANCELLATIONS & REFUNDS

- ✓ A cancellation fee of 50% of the total per person rate multiplied by the quantity of the total cancellation amount is levied if numbers are dropped within fourteen (14) days of it taking place.
- ✓ A cancellation fee of 100% of the total per person rate multiplied by the quantity of the total cancellation amount is levied if the numbers are dropped within seven (7) days of it taking place.
- ✓ While every effort is made to make alternative arrangements should the event not be able to run due to bad weather, the above cancellation fees will apply if this is not possible.
- ✓ No refunds will be entertained should the client not arrive for the event.

